

Johnny Longboats



South Florida Strongest Man Competition

Saturday April 9, 2011 and Sunday April 10, 2011

Saturday April 9, 2011 - Weigh Ins at 9:00 AM Sharp
Qualifying Trials - 11:00 AM to 4:00 PM

Sunday April 10, 2011 - Meeting 10:00 AM to 11:00 AM
- To discuss Rules and Regulations

Mandatory attendance is required no exceptions.

Final competition will begin at 11:00 AM Sharp

PRIZES AND AWARDS

1. All prizes and awards will be issued by Johnny Longboats Restaurant
2. There will be 1st, 2nd, and 3rd place in every weight class.
3. A Final Competition between the winner of each weight class for the overall strongman champion.
4. Prizes will consist of trophies for 1st, 2nd and 3rd place winners.
There will also be cash prizes for 1st, 2nd and 3rd place winners.

The winner of the overall competition will receive an additional trophy and a cash prize for the overall winner, plus 2 roundtrip airline tickets, destination to be announced at the end of the competition.

For more information contact John Wooten at no.1strength@gmail.com

John Wooten.net

WORLD STRONGEST MAN
HOLDER OF 143 WORLD RECORDS

